

WEST WINDSOR SCHEDULE

WEST WINDSOR - MONDAY

- 4:00 PM - 4:30 PM - Private Lessons
- 4:45 PM - 5:30 PM - Basic (White to Sr. Yellow Belts)
- 5:30 PM - 6:15 PM - Black Belt Club/ Leadership
- 6:15 PM - 7:00 PM - Intermediate
- 7:00 PM - 7:45 PM - Advanced
- 7:45 PM - 8:30 PM - Advanced Black Belt Club /Leadership

WEST WINDSOR - TUESDAY

- 4:45 PM - 5:30 PM - Advanced Black Belt Club/ Leadership
- 5:30 PM - 6:15 PM - Advanced
- 6:15 PM - 7:00 PM - Basic
- 7:00 PM - 7:45 PM - Black Belt Club/ Leadership
- 7:45 PM - 8:30 PM - Intermediate
- 8:30 PM - 9:30 PM - Adults/ Teens

WEST WINDSOR - WEDNESDAY

- 4:00 PM - 4:30 PM - Little Dragons
- 4:45 PM - 5:30 PM - Basic (White to Sr. Yellow Belts)
- 5:30 PM - 6:15 PM - Black Belt Club/ Leadership
- 6:15 PM - 7:00 PM - Intermediate
- 7:00 PM - 7:45 PM - Advanced
- 7:45 PM - 8:30 PM - Advanced Black Belt Club /Leadership

WEST WINDSOR - THURSDAY

- 4:45 PM - 5:30 PM - Advanced Black Belt Club/ Leadership
- 5:30 PM - 6:15 PM - Advanced
- 6:15 PM - 7:00 PM - Basic
- 7:00 PM - 7:45 PM - Black Belt Club/ Leadership
- 7:45 PM - 8:30 PM - Intermediate
- 8:30 PM - 9:30 PM - Adults/ Teens

WEST WINDSOR - FRIDAY

- 4:00 PM - 4:30 PM - Little Dragons
- 4:45 PM - 5:30 PM - Basic (White to Sr. Yellow Belts)
- 5:30 PM - 6:15 PM - Black Belt Club/ Leadership
- 6:15 PM - 7:00 PM - Intermediate
- 7:00 PM - 7:45 PM - Advanced
- 7:45 PM - 8:30 PM - Advanced Black Belt Club /Leadership

WEST WINDSOR - SATURDAY

- 9:15 AM - 9:45 AM - Little Dragons
- 10:00 AM - 10:45 AM - All Belts
- 11:00 AM - 12:00 - Adults/Teens

EAST WINDSOR SCHEDULE

EAST WINDSOR - MONDAY

- 4:30 PM - 5:00 PM - Private Lessons
- 5:00 PM - 5:45 PM - Basic (White belts to Sr. Yellow Belts)
- 5:45 PM - 6:30 PM - Basic Black Belt Club & Leadership
- 6:30 PM - 7:15 PM - Intermediate and Advanced
- 7:15 PM - 8:00 PM - Advanced and Intermediate Black Belt Club & Leadership
- 8:00 PM - 8:45 PM - Teens/Adults

EAST WINDSOR - TUESDAY

- 4:30 PM - 5:00 PM - Little Dragons
- 5:00 PM - 5:45 PM - Advanced Black Belt Club & Leadership
- 5:45 PM - 6:30 PM - Advanced
- 6:30 PM - 7:15 PM - Basic
- 7:15 PM - 8:00 PM - Basic & Intermediate Black Belt Club & Leadership
- 8:00 PM - 8:45 PM - Intermediate

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- 4:30 PM - 5:00 PM - Private Lessons
- 5:00 PM - 5:45 PM - Basic (White belts to Sr. Yellow Belts)
- 5:45 PM - 6:30 PM - Basic Black Belt Club & Leadership
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- 7:15 PM - 8:00 PM - Advanced and Intermediate Black Belt Club & Leadership
- 8:00 PM - 8:45 PM - Teens/Adults

EAST WINDSOR - THURSDAY

- 4:30 PM - 5:00 PM - Little Dragons
- 5:00 PM - 5:45 PM - Advanced Black Belt Club & Leadership
- 5:45 PM - 6:30 PM - Advanced
- 6:30 PM - 7:15 PM - Basic
- 7:15 PM - 8:00 PM - Basic & Intermediate Black Belt Club & Leadership
- 8:00 PM - 8:45 PM - Intermediate

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- 6:30 PM - 7:15 PM - Intermediate and Advanced
- 7:15 PM - 8:00 PM - Advanced and Intermediate Black Belt Club & Leadership
- 8:00 PM - 8:45 PM - Teens/Adults

EAST WINDSOR - SATURDAY

- 9:15 AM - 9:45 PM - Little Dragons
- 10:00 AM - 10:45 AM - All Belts
- 11:00 AM - 12:00 - Private Lessons

***Adults/Teens class is only held at West Windsor on Saturday's at 11:00 AM ***